

Sacred Bhutan: A Pilgrimage to the Himalayan Kingdom- 5 Days/4 Nights 2025-2026



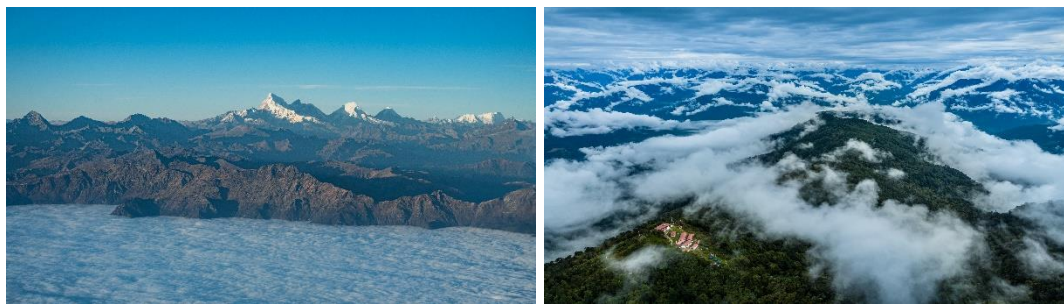
Kuzuzangpo La- Hello and Welcome to the Land of the Thunder Dragon

The Kingdom of Bhutan is located high in the Himalayas. Bordering in the north to Tibet in China and to the South to India.

The roof of the world is about the size of Switzerland (46,000 sq Kilometer) and has a population of app. 700,000. The country features 20 districts and the elevation is between 1500 and 7000 meters. In general, life and movements happen in elevation zones of 2000 to 4000 meters. Bhutan is truly blessed with spectacular scenery, gentle people and is the only country in the world that has a negative carbon emission. Great pride is being taken to continue to be the world leader in sustainability and grow sustainably. That is why success in Bhutan is not measured in financial terms but with the gross national Happiness Index.

The British Author, who has mentioned Shangri-La (paradise on Earth) as it is assumed to be a fictional place. Maybe he wrote about Bhutan? For many that have travelled to Gem, it has become their very own Shangri-La.

To further enhance your experience in this truly unique country, we recommend our clients as the places to stay. Offering traditional Bhutanese hospitality, enhancing your Bhutan travel experience. Immerse yourself in culture and the finest hospitality the country has to offer and pamper yourself.



A soul enriching journey through Bhutan's spiritual heartland, designed for reflection, rejuvenation, and cultural connections.

Day 1: Arrival in Paro and transfer to Thimphu

Traditional welcome at the airport, upon arrival at Paro International Airport guests will be warmly received by their Bhutanese Guide with a traditional khadar, silk scarf.

Transfer by Car to Thimphu 55KM app. 1.5 hours.

En Route to Thimphu, pause at the **Tachog Lhakhang**, a charming 15th century temple, and gently walk across the historic **iron chain bridge**- a perfect introduction to Bhutan's spiritual energy.

Light lunch, in Thimphu enjoy a leisurely afternoon tour including:

- **Zorig Chusum, School of Arts and Crafts**-where Bhutanese traditions come to life through 13 traditional crafts.
- A guided visit to the **Textile Museum** to admire Bhutan's living heritage
- A gentle walk through the Centenary **Framer's Market** and **Handicrafts Bazaar** to absorb the local flavors and crafts.

Check in to the Hotel: Hotel Osel or Tashiyodling Hotel. Relaxing dinner,

Day 2: Thimphu-Dochula Pass-Punakha

(Distance: 75 km | Drive: ~2.5 hours including stops)

After a relaxed breakfast, drive to **Dochula Pass** (3,100m) where 108 white chortens adorn a hilltop. Weather permitting, enjoy tea with breathtaking views of the Himalayan range.

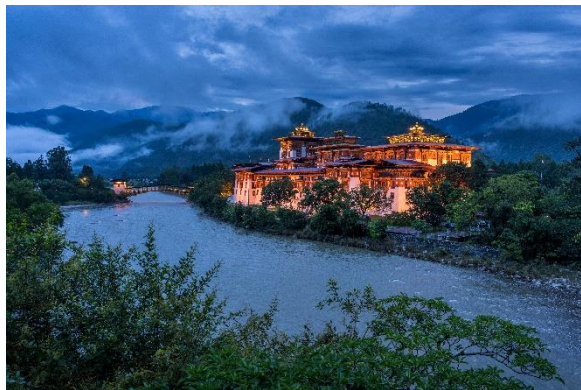
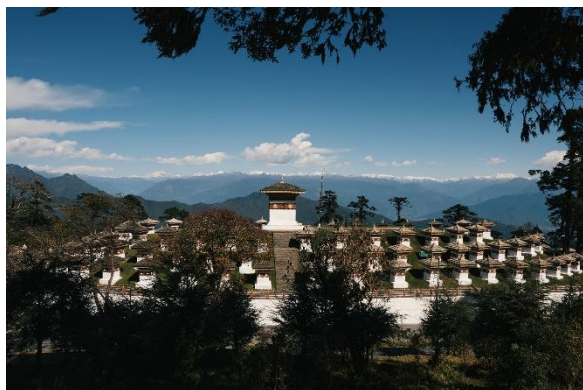
- Visit the **Druk Wangyal Lhakhang**, a temple honoring Bhutan's monarchs and guardians.
- Continue to **Punakha**, descending into a lush subtropical valley.

Afternoon:

- Enjoy a **traditional lunch** in a local farmhouse, experiencing Bhutanese hospitality.
- Visit the **fertility temple of Chimi Lhakhang**, associated with the Divine Madman. The short, flat walk (20 mins) through paddy fields offers quiet time in nature.
- Explore the **majestic Punakha Dzong**, one of Bhutan's most beautiful fortresses, located at the confluence of two rivers.
- Gentle walk across the **Punakha Suspension Bridge**, Bhutan's longest, fluttering with prayer flags.

Overnight in Punakha.

Hotel: Zhingkhram Resort or Meri Phunsum Resort, Dinner



Day 3: Punakha-Khamsum Yuelley Chorten- Return to Thimphu

(Distance: 75 km | Drive: ~2.5 hours)

Morning:

- Begin the day with a **leisurely nature walk** (30–40 mins gentle uphill) through the rice fields to the elegant **Khamsum Yuelley Namgyal Chorten** — a temple built for peace and protection. Meditate briefly or enjoy quiet time with panoramic views of the valley.

Midday: Return drive to Thimphu via Dochula, with a rest stop and tea, lunch.

Afternoon in Thimphu:

- Visit the **Buddha Dordenma**, a towering golden statue that gazes over the valley — a perfect place for silent contemplation.
- Stroll around the **Memorial Chorten**, a beloved site for local spiritual practice.
- Visit the outer courtyard of **Tashichhodzong**, Bhutan's seat of governance and monastic order.

Evening: Light entertainment or a cultural storytelling session at the hotel (optional).

Overnight in Thimphu

Hotel Osel or Tashiyodling Hotel, Dinner



Day 4: Thimphu-Paro & Pilgrimage to Taktsang, Tigers Nest



(Distance: 55 km | Drive: ~1.5 hours)



Morning:

After an early breakfast, Drive to Paro for the pilgrimage to **Taktsang Monastery (Tiger's Nest)** — the sacred highlight of your journey.

- **Alternative for seniors:** The hike (3–4 hours round trip, with pony option to halfway) can be done at your own pace. A tea house midway offers stunning views for those who choose not to continue all the way.

Afternoon:

- Visit **Kyichu Lhakhang**, one of the oldest and most sacred temples in Bhutan. Light a butter lamp and offer a personal prayer for loved ones.

Evening:

- Experience a **traditional hot stone bath** in a rustic farmhouse setting — a deeply relaxing and healing tradition.
- Followed by a **home-cooked dinner with a Bhutanese family**, sharing stories and laughter in the warmth of their home.

Overnight in Paro.

Paro Heritage Hotel or Gawaling Hotel

Day 5: Departure from Paro

After a leisurely Breakfast, your sacred journey concludes, receive **farewell blessings** from your guide and depart with a heart full of peace and gratitude. Transfer Time to Airport app. 30 Minutes

The above Tour Package includes the following:

- Twin/double-sharing hotel rooms at premium 3-star hotels
- All meals (breakfast, lunch, dinner & light refreshments)
- English speaking tour guide service
- All transfers and excursions by private vehicles
- Mineral drinking water en route
- Tourist Tax (SDF) of USD100/person/night
- Visa fee is USD40 per person
- Entrance fees to Museums & Monuments



The above tour prices do not include the following:

- Single room supplement of USD 46/room/night (optional)
- Airfare to and from Bhutan
- Travel insurance (required)
- Other personal expenses like overseas calls, laundry, alcoholic beverages, souvenirs
- Tips for the driver and tour guide
- Anything not listed in the Tour Program
- Pony to the Halfway Rest Stop at the Tigers Nest US 30 per Pony

Prices:

*Low Season: July & August 25, January and February 26: **Ask for Price***

*Regular Season: March, April, May, June, Sept, Oct & Nov 26: **Ask for Price***

Payment:

50% at the time of booking

50% 30 days prior to arrival to Bhutan

Cancellation Policies:

30 days prior to departure no refund

45 days prior to departure 25% refund

60 days prior to departure 50% refund

61 + days prior to departure full refund

6 double rooms or 12 PAX or more it is considered a group, please contact us for group price quotation

TOUR PLAN

May change subject to weather and road conditions, at the discretion of the tour guide. Suitable alternatives will be provided.

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IMPORTANT :

While travelling to offbeat & remote areas, there are many variables beyond our control like weather conditions, landslides, road situations and any other force majeure conditions.

Circumstances amounting to "force majeure" include any event which we or the supplier of the service(s) in question could not even with all due care, foresee or forestall such as (by way of example and not by way of limitation) natural disasters, fire and health risks, acts of God, unavoidable and unforeseeable technical problems with transport / flight for reasons beyond our control or that of our suppliers, closed or congested airports and other actual or potential adverse weather conditions, and any other similar events. In such situations we might be forced to change the itinerary.

For further information please contact:

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